

# The Lord's Prayer

Presented by Brian Gray

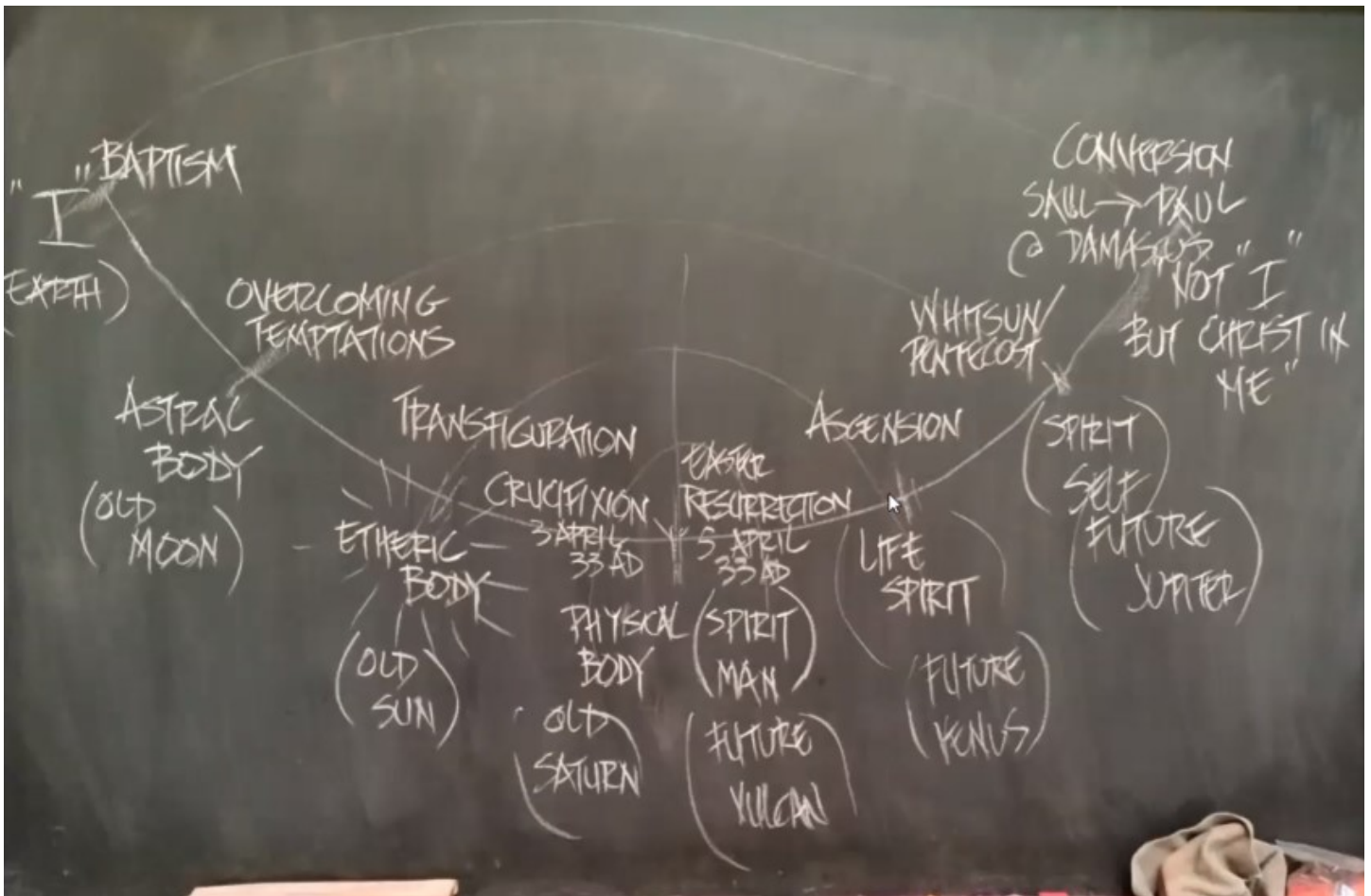
Hosted by The Anthroposophical Café

Boulder, Colorado

April 24, 2020

**To view Brian's presentation, go to:**

[https://zoom.us/rec/share/3cUrcYvT6mVLW7fO7mXwU64FEpToX6a8gSIY\\_fFYyh3JoxBVuk\\_P1AxKKff3f5pL](https://zoom.us/rec/share/3cUrcYvT6mVLW7fO7mXwU64FEpToX6a8gSIY_fFYyh3JoxBVuk_P1AxKKff3f5pL)



Chalkboard drawing by Brian Gray

OUR FATHER WHO ART IN THE HEAVENS

THY WILL BE DONE  
AS ABOVE IN THE  
SPIRIT HEAVENS  
MAN FATHER  
MOTHER

THY KINGDOM COME  
THY NAME BE  
HOLY  
LIFE  
SELF

DELIVER US  
FROM THE  
EVIL

LEAD US NOT  
ASTRAL INTO TEMPTATION  
BODY

GIVE US THIS  
DAY OUR  
DAILY BREAD

PHYSICAL  
BODY

THY  
BODY

FORGIVE US OUR  
TRESPASSES

AS WE FORGIVE THOSE  
WHO TRESPASS AGAINST US

SO ALSO ON THE EARTH

## **The Lord's Prayer** as Prayed by Rudolf Steiner

Father, You who were, are, and will be in our inmost being –  
May Your Name be glorified and exalted in us.  
May Your Kingdom grow through our deeds and in the course of our lives.  
May we do Your Will as You, Father, have set it in our inmost being.  
The food of the Spirit, the Bread of Life, You offer us in abundance  
in all the changing conditions of our lives.  
Let our compassion for others compensate for the sins committed against  
ourselves.  
Let not the tempter work in us beyond our power, for in Your Being, Father,  
no temptation can exist.  
For the tempter is merely appearance and deception,  
from which You, Father, deliver us through the light of Your knowledge.  
May Your Power and Glory work in us through all cycles of time.  
Amen.

## **Against Fear**

**by Adam Bittleston**

***Meditative Prayers for Today* (Floris Books, 2017)**

May the events that seek me  
Come unto me;  
May I receive them  
With a quiet mind  
Through the Father's ground of peace  
On which we walk.

May the people who seek me  
Come unto me;  
May I receive them  
With an understanding heart  
Through the Christ's stream of love  
In which we live.

May the spirits which seek me  
Come unto me;  
May I receive them  
With a clear soul  
Through the healing Spirit's Light  
By which we see.